

MORNING FAT BLASTING ACV RECIPES

**Drink Before Breakfast
To Melt Belly Fat**



Morning Fat Blasting ACV Recipes

Chamomile Belly Burner



- 1 cup chamomile tea
- 1 slice lemon
- 1 tbsp. apple cider vinegar
- 1 tsp. cinnamon

Turmeric Tummy Tightener

- 1 tbsp. apple cider vinegar
- 1 tbsp. freshly squeezed lemon juice
- ¼ tsp. turmeric
- 1 cup hot or warm water (if you want to dilute it more, use 2-3 cups)
- Pinch of cayenne pepper

Morning Metabolism Booster



- 2 cups water (warm or cold, your choice)
- 1 tsp. ginger
- ¼ tsp. cinnamon
- 1 tbsp. apple cider vinegar

Hot ACV

- 12 ounces hot water
- 2 tbsp. apple cider vinegar
- Stevia to taste

Keto ACV Fat Burner

- 2 cups hot water
- 1 tsp. coconut oil
- 1 tbsp. apple cider vinegar

Raspberry Keto ACV

- 2 cups hot water
- 1 tsp. coconut oil
- 1 tbsp. apple cider vinegar
- 3 raspberries

Green Tea Fat Melter



- 1 cup green tea
- 2 tsp. apple cider vinegar
- 1 tsp. cinnamon